



### **An Interview with Becky Anderson, by Gillie Palmer Walker**

Becky Anderson is one of our newest members, and what a delightful woman! She's a native-born Coloradoan who took off for adventure in the middle years of her life, and is now back in Colorado Springs putting her business together from her home.

Her original goal was in the world of food. She attended a cordon bleu culinary school on the east coast, graduating in 1999. After graduation, she put out 76 applications for work as a chef, and received 73 job offers. That must be some kind of record! One of the offers was from the Garden of the Gods Country Club as their very first intern.

She decided to bring it all full circle, by coming to the home of her birth to try out her new life as a chef. On the day she arrived back in Colorado Springs, she ran into someone she knew from her school days here. That someone, Matt, ultimately became her husband and the father of her two children, now ages 12 ½ and 8 1/2.

She continued with the Garden of the Gods Country Club for some time, until she was offered a position at the Keg in Manitou. At the keg, her creative side flourished as she worked in a one-person kitchen, designing breakfast items and other specials for. Unfortunately, she became sick with the pregnancy of her first child and had to leave this wonderful position at the Keg, as "Ms. Chef" and "Queen of All She Surveys". The good news is, as soon as that baby was on board, she realized she wanted to work from home and be with her new family.

That brings us to her current "Earth Cures" business. An entire wall of her kitchen is covered with shelves filled with bottles of herbal infusions. She creates these products by infusing the herbs with organic vegetable glycerine, heating it 6 times, and then adding herbal-infused apple cider vinegar. Frequently, herbal remedies are made by extracting the herbs with alcohol. But by using the glycerine and vinegar method, Becky's herbs are healthier and even taste good. (Thank you Becky, for going to culinary school!)

She is currently applying her inquisitive and creative mind by developing helpful recipes for 11 different people with diabetes, and 3 people with gall bladder issues. After researching the current knowledge on herbs and a particular ailment, she fine tunes the recipes to the individual. From what I've seen, it would not be a surprise if we one day hear of Becky becoming a world famous herbalist.

In the meantime, she is on a roll in her business. She recently won the 2012 Sam's Club award in Colorado for people putting new businesses together. She was nominated by the individual at SCORE who helped her put her web site up. She had to initially answer some basic "what-

would-you-do-if-you-won-type” questions, then on to the essay portion of the entry, and she won! Part of her award was an all expense paid trip to Dallas with the other 102 winners and various mentors, for a high speed marketing seminar. She said it was incredibly informative, as well as lots of fun. She also was awarded a \$1,000 Sam’s Club gift certificate, a 1 year membership to Sam’s Club, and 1 year of free mentoring through Sam’s Club and SCORE.

I realized as I drove away from our interview, I had neglected to ask several different questions. That’s okay though, because it means the next time we see her, we can grill her for more information about how her business and life are going. Check out her web site at: [www.herbalremediearthcures.com](http://www.herbalremediearthcures.com). And, oh yeah, be sure to ask about her chickens and rabbit.